



**Congregation B'nai Israel  
of Emerson, New Jersey  
is hosting a**



**Senior Seminar  
Sunday, October 17<sup>th</sup> – 10:00am**



**Come hear our panel of experts who will address  
many issues of interest  
to SENIORS AND THEIR FAMILIES.**

**Topics will include:  
nutrition, retirement, health care, elder law,  
senior day care, and feelings of obsolescence.**

**Our panel includes:**

- Michael Dressler – Bergen County Surrogate
- Shelley Steiner LSW- Galton Adult Day Care Program - Jewish Home at Rockleigh
- Evan Kushner MD, an expert in Internal Medicine and Geriatrics.
- Michael Stern, PHD, Consultant and Psychologist at the Jewish Home at Rockleigh
- And, a speaker from the JCC of Washington Township

Congregation B'nai Israel is a Conservative Egalitarian Synagogue located at  
53 Palisade Ave. Emerson, NJ 07630

For directions or additional info visit [www.bisrael.com](http://www.bisrael.com) or call 201-265-2272.

The program is **OPEN TO THE PUBLIC.**

Free admission, but donations to the temple's Sisterhood are appreciated.

For more information contact Sisterhood Co-President Lisa Pollack at [sisterhoodlp@bisrael.com](mailto:sisterhoodlp@bisrael.com)